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Tuff Stuff Muscle 3 Exercise

The success of the Muscle 1 lead to the

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revamped TuffStuff Muscle 3 Home Gym in 1994. The Muscle 3 included the same core structure as the Muscle 1, but featured an improved cable system, and a low pulley on the side of the machine. A vertical knee raise (VKR) and leg press were also available as optional attachments. On one station, users could use the improved press bar for chest

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exercises ...

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selectorized strength equipment, benches and power racks, called Tuff Stuff, under the Task Industries Inc. banner. Around the same time, Sherman Grider was offered the opportunity to buy back CalGym, which he did, and Pete assisted in the transition. Sherman coaxed Pete to join ...

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TuffStuff Muscle 3 Home Gym Archives - TuffStuff Fitness ...

Tuff Stuff - Muscle 3. Brand: Tuff Stuff
Category: Strength - 1 Stack Gym Model
Name: Muscle 3 Muscle 3. Exploded
Diagrams. Knee Option. Main Unit.
Matches All Selected Attributes. Parts
that are not yet classified will display
after matching classified parts if any

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attributes are selected. Filter List: All Metal. All Plastic. All Rubber. Electrical. Moving Parts. One color. Some Metal. Some ...

Tuff Stuff - Muscle 3 | Fitness and Exercise Equipment ...

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8-7/16 bnh0139 plastic end cap
w/groove 2 x 3 bnh0049 decal cfm-550
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TuffStuff SXT-550 Hybrid Home Gym

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buy back CalGym, which he did, and Pete assisted in the transition. Sherman coaxed Pete to join the new entity, Task Industries, as the Western Regional Sales Manager, and thus started his second career with the ...

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